



Cats Protection's Nine Mile Challenge

Nine miles. One month. Roam free!

Put your best foot forward this September

#9miles4cats

Take it in your stride - five easy steps

1. Plan your miles

Decide how you want to spread your miles and when and where you can fit them in. Use our calendar to help you plot your roam.

2. Set up your online fundraising page

Make it as easy as possible to collect sponsorship, go to tinyurl.com/ninemiles2019 and follow the simple steps to set up your own page so your sponsors can donate to you without cash.

3. Spread the word

Tell as many people as you can – friends, family, colleagues, classmates – if just five people sponsored you £1 a mile that would be enough to provide a cat in our care with:

- bedding and a safe place to sleep
- food until they are ready to go home
- a microchip
- deworming and vaccination

Share your fundraising page link far and wide, on social media, in emails and add it to your poster.

Fundraising treats!

Raise £50 and we'll send you an exclusive roamers badge and certificate and if you raise £100 you'll get an extra-special badge.



4. Walk the walk!

You've talked the talk so now walk the walk! Invite along some friends, get the kids out of the house or enjoy some quality me time. Get inspiration and share your roaming with **#9miles4cats** or in our **trekkers' Facebook group**. Keep your fundraising page updated with some pics to keep those donations coming in!

5. Send in your donations

Online fundraising page

Visit your fundraising page and follow the simple steps to donate your funds with a **credit** or **debit card**.

Bank transfer

Visit your local branch of Barclays or use online banking and pay the funds in to our Cats Protection account:
Sortcode **20-42-66**,
Account number **80240168**.

Please use the reference First initial, Surname and then **EVVTD** eg AYOUNG EVVTD.

If you are able to email events@cats.org.uk with the details of when you have paid it in and how much that will help greatly in reconciling towards your fundraising total.

Cheque

Make cheques payable to '**Cats Protection**' and send to: **Freepost Cats Protection**

Please write your name and address on the reverse of the cheque.

Phone

Call our Supporter Services team on **0800 917 2287** to donate by credit or debit card.

Come and be sociable with us!



What we are able to do because of people like you

Third litter of kittens found abandoned on Glasgow footpath

A quartet of kittens found dumped in a 'bag for life' has been safely rescued in Glasgow – the third litter abandoned near the same footpath in the past year.

The kittens were found in the Bishopbriggs area by a dog walker and taken to a nearby vets, where they were checked over before being collected by Cats Protection and taken into the care of our Glasgow Adoption Centre.

The kittens are around six weeks old and centre staff have named them Hal, Dewey, Lois and Ida, after characters from the US sitcom *Malcolm in the Middle*.

“Each litter has been found in a large ‘bag for life’, along with articles of clothing.

So far all three litters have been lucky that they have been found really quickly, but if the mother had

been neutered then these kittens, and the other two litters, would not have found themselves in such a perilous situation. We would urge any owners with unneutered cats to get in touch with us so we can offer practical help and advice and prevent any more unwanted kittens. ” **Andy Currie, Glasgow Centre Manager**

Neutering has a number of health benefits to both pet and stray cats. Females cannot become pregnant and have unwanted kittens, nor will they call or wail. Left unneutered, a female cat can have up to 18 kittens a year. Neutered males are less likely to roam, which reduces the risk of them being involved in road traffic incidents and displaying territorial behaviour such as fighting, which additionally assists in reducing the risk of injury or serious diseases such as Feline Immunodeficiency Virus (FIV) or Feline Leukaemia Virus (FeLV).



“Walking for me has made such a difference to my life, I have found something I really enjoy doing along with reigniting my love of photography and discovering lots of lovely places!

Even on a cold and grey day I will still go out and find some beauty in my walk, whether that be a glimpse of wildlife or stumbling over a new walking route. It is great for clearing my mind from the stress of the day, breathing in the clear air and listening to the wildlife chattering away as I amble along. ” **Gail Cooper, walking to fundraise for Cats Protection**





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Reg Charity 203644 (England and Wales) and SC037711 (Scotland)

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