



# Cats Protection's Nine Mile Challenge

Nine miles. One month. Roam free!

If you are after some inspiration for where to roam, have a look at some of these nine mile walks from around the country. These links will take you to external sites which will give you further details on the walks and these sites retain all credit for the information.

Cats Protection cannot confirm what the terrain is like, walking conditions or comment on safety of these locations.

## **NORTH EAST ENGLAND**

- Deerness Valley Way Railway Path, County Durham
- The Cheviot, Northumberland
- South Shields to Seaburn, Tyne and Wear

## **NORTH WEST ENGLAND**

- Airy Martindale Round, Cumbria
- High Cup Nick, North Pennines
- Teggs Nose & Macclesfield Forest, Cheshire

## **YORKSHIRE AND THE HUMBER**

- Bewerley Industrial Heritage Trail, North Yorkshire
- Wakefield Canal, West Yorkshire
- Pocklington Canal, East Riding of Yorkshire

## **EAST MIDLANDS**

- Longdendale from Hadfield Station, Peak District, Derbyshire
- Eyam, Peak District, Derbyshire
- Trent Lock and Attenborough Reserve, Derbyshire, Leicestershire and Nottinghamshire

## **WEST MIDLANDS**

- Daffodil Way, Forest of Dean, Gloucestershire
- The Cloud from Rushton Spencer, Staffordshire
- Offa's Dyke Path Circular, Shropshire

## **EAST OF ENGLAND**

- Peterborough riverside walk, Cambridgeshire
- The Bure Valley Path, Norfolk
- Admiral McHardy Way, Essex

## **SOUTH WEST ENGLAND**

- Port Isaac to Polzeath, Cornwall
- Porlock Bay, Exmoor National Park
- Dartmouth to Greenway: The Dart Valley Trail, South Devon

## **SOUTH EAST ENGLAND**

- Arundel Castle and Arundel Park, West Sussex
- Horsley Jubilee Trail, Surrey
- Meopham Green, Stansted and the Sweet Mile, Kent

## **GREATER LONDON**

- London River Circular
- Limehouse to Little Venice by the Regent's Canal
- Kensington Circular Walk

## **SOUTH EAST WALES**

- Vale of Ewyas Horseshoe, Brecon Beacons
- 1807 walk, Cwmcarn Forest, Caerphilly
- Glamorgan heritage coast walk, Vale of Glamorgan

## **SOUTH WEST WALES**

- Cwm Clydach, Swansea
- St Davids, Pembroke
- New Quay to Llangrannog, Ceredigion

## **NORTH EAST WALES**

- Cross Offa Walk, Powys
- Llangollen and the Dee Valley, Denbighshire
- Llyn Brenig reservoir, Denbigh Moors

## **NORTH WEST WALES**

- Rhosgadfan, Snowdonia
- Pentraeth Forest, Anglesey
- Llanberis path, Snowdon summit

## **NORTH WEST SCOTLAND**

- Loch Eilde More, Highland
- Glencoe, Highlands
- Camasunary Bay from Elgol, Isle of Skye

## **NORTH EAST SCOTLAND**

- Glen Quoich, Aberdeenshire
- St Cyrus to Inverbervie, Aberdeenshire
- Loch Watanan, Highland

## **SOUTH EAST SCOTLAND**

- Cardrona Forest, Scottish Borders
- Three Brethren, Selkirk
- The Coal Roads, Fife

## **SOUTH WEST SCOTLAND**

- Ben Venue Summit, Trossachs
- Kelvin Walkway, Western Lowlands
- Stairhaven coastal circuit, Dumfries and Galloway

## **NORTHERN IRELAND**

- Castle Ward Boundary Trail, County Down
- Glen River, County Down
- Banagher Forest, Ulster summit

