

Zambezi River Adventure and Lion Conservation Visit

Suggested kit list

Clothing, accessories & footwear

- Trainers (suitable for walking)
- Reef / water sport shoes (optional)
- Sandals / flip flops
- Wide brimmed hat or cap
- Warm hat (for nights)
- Neck cooling Cobber (optional)
- Canoe / water sport gloves
- Underwear
- Socks
- Knee length shorts
- Long/convertible lightweight trousers
- T-shirts
- Long sleeved shirt
- Warm sweater/fleece/hoodie for nights
- Warm trousers/jogging bottoms for nights
- Pyjamas/nightwear
- Neutral colour clothes for game drives
- Swimwear

Baggage

- Main luggage (suitcase/backpack)
- Soft kit bag for canoe/Chobe items
- Small day pack
- Padlocks for luggage
- Small dry bag for personal items on canoe

Essentials

- Passport + copy
- E-tickets
- Money (£ cash) and credit/ATM card(s)
- Travel insurance documents
- Pen and US\$80 for visa on arrival
- LED head torch + spare batteries
- Camera + charger/spare battery
- Mobile phone + charger
- Sunglasses (100% UV ideally polarised)

Hygiene

- Bio-degradable shampoo
- Bio-degradable shower gel/soap
- Toothbrush + toothpaste
- Comb/hair brush
- Hand sanitiser
- Wet wipes
- Toilet paper (2 rolls)
- Nappy bags for used toilet paper
- Waterproof sun screen (SPF 50)
- Travel towel
- Feminine hygiene products
- After sun / moisturiser

Sleeping

- Eye mask/ear plugs
- Sleeping bag liner
- Sleeping mat (optional)

First Aid kit

- Prescription medicine
- Anti-malaria medication
- Plasters
- Ibuprofen and Paracetamol
- Insect repellent (max. 50% DEET)
- Anti-histamine cream/tablets
- Imodium (Loperamide)
- Rehydration sachets
- Antiseptic cream
- Lip balm with SPF protection
- Indigestion remedy
- Scissors/tweezers
- Spare glasses/contact lenses

Eating and drinking

- Electrolyte tablets (Nuun/High5)
- Energy snacks
- 2x one-litre water bottles
- Water purification (Biox aqua tablets)

Optional

- iPod or MP3 player
- Video camera + charger
- Spare memory cards
- Books/pack of cards
- Power bank/power pack

Please note: This list is not exhaustive and is to be used as a guideline only.
 You may not need every item on the list or you may wish to add items which are not listed.

Please contact The Different Travel Company on info@different-travel.com if you have any questions or queries and our knowledgeable staff can provide specialist advice.

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