

## Scafell Pike Climb 2021 – Route Options

### The Ascent – Popular tourist path

On the way up, we will take the most popular tourist route, locally called the Brown Tounge path, which is roughly 4.5km up and will take between 3 to 3½ hours to ascend.

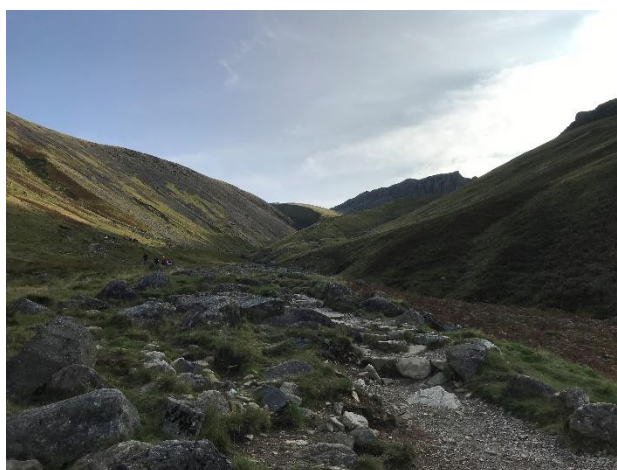
The path is steep in places and stones are loose but very achievable for most who have a reasonable level of fitness and suitably equipped.

The first kilometre is general uphill walking that leads to the only stream crossing of any mention using stepping-stones; it is very shallow in dry to light rain.

The second kilometre is steeper and on a stepped path, the third kilometre is across an area locally known as Hollow Stones and is an easy angle ascent onto a winding path to an area known as Lingmell Col.

The last kilometre starts with a 500 metre steep ascent that eases off to the plateau and the summit cairn.

The ascent path is in good condition but steep in places, a shallow river has to be crossed using stepping-stones. Please note the path is loose underfoot in places.



## The Descent

We can descend the same path as we used to trek up, or there is an alternative route down if you prefer different scenery and/or a more challenging trek.

## The Corridor Route

- Challenging
- Not suitable for dogs
- Climbing with your hands
- Narrow paths and steep drops
- Likely to take between 4-5 hours
- The end point is around 1 mile from the start where we meet

You will be in safe hands as we are led down the corridor route by our highly experienced guide Dave Thompson.

Please let Gina Rogers, Cats Protection Challenge Events Officer know which path you would like to take down –

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