

## **Blaze Firewalk - COVID-19 Guidelines**

### **Pre-event symptom check**

All participants must undergo a self-assessment for any COVID-19 symptoms or if you are living in a household with someone else who has a possible or confirmed COVID-19 infection you should remain at home.

Please contact [events@cats.org.uk](mailto:events@cats.org.uk) or call 01825 741 960 if you are experiencing any of these symptoms.

Please note the fire walk organisers have undertaken a COVID-19 risk assessment for this event in addition to the current risk assessment. If you would like a copy of these documents, please do contact [events@cats.org.uk](mailto:events@cats.org.uk).

### **Traveling to event**

- Where possible participants should not use public transport to get to the event. If they do have to, face coverings should be worn and social distancing adhered to
- Participants should not share cars with people outside of their social bubble to attend the event where possible

### **Event day**

#### **Training before the firewalk:**

- Participants who live together and those within social bubbles can sit as close as they wish, everyone else should stay one+ metres apart
- Windows will remain open, and air conditioning switched off, please wear lots of layers of clothing as it may be chilly
- Participants will be encouraged to take comfort breaks as and when needed instead of waiting for breaks to reduce queues
- The trainer will wear a face mask during training at all times
- Participants are encouraged to wear a face mask when indoors

#### **Outside:**

- The Blaze fire team have always worn facemasks, goggles and gloves when tending the fire and they will continue to wear them during the firewalk
- Within the barriers there will be direction markers for participants, the fire team will continue to assist and direct
- Spectators are encouraged to bring noise makers such as bells, drums, triangles, tambourines (but please no air horns)
- Participants and spectators should not share food items, cups, eating utensils or equipment with anyone else
- Once participants and spectators are home, remember to wash your hands